

## DIY

## Lip Balm

You can keep it simple with bee's wax or a non-toxic brand at the store.



2 Tbsp coconut oil

2 Tbsp olive oil

2 tsp shredded cocoa butter

1 Tbsp shredded beeswax pastilles

 $1 - 1\frac{1}{2}$  teaspoons red raspberry seed oil (natural SPF)

5-15 drops of essential oils

Beet root powder optional for color

Melt your oils and waxes in a makeshift double boiler

Add the cocoa butter to the wax and blend them

Add your favorite essential oil like grapefruit or peppermint

For the color, add a small amount of beer root powder

Stir well until there are no lumps

Let your lip balm cool down and then carefully pour it into containers